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Richard.  
In return, Richard  
will send an  
invitation to join his  
large, responsive network...



Richard Parsons received a prostate cancer diagnosis on 12 January 2011. Being a customer of Vitamark International®, he asked the company's nutritionist to suggest a regimen which would attempt to strengthen his body in preparation for the treatment proposed by the Consultant Urologist at Salisbury District Hospital.

Richard decided against a Radical Prostatectomy operation and opted instead for Radiotherapy in the Oncology Department at Southampton General Hospital. This was preceded by 3 months of Hormone Therapy from a Zoladex® implant.

Between 28 June and 22 August 2011, Richard received Radiotherapy treatment daily, apart from weekends. Hormone Therapy continued until a final implant of Decapeptyl® in January 2012. On 17 April, Richard's PSA (Prostate Specific Antigen) tested at 0.03.

Richard's PSA level will again be tested in August and December before a follow-up appointment with an Oncologist just before Christmas 2012.

Richard acknowledges the amazing support he has received from the team members at '[Mentoring for Free](#)' and '[Success Team Builders](#)' and believes that the frequency of the training calls has contributed to his ability to be strong in the face of adversity.

Please join Richard in communities on Skype, Facebook, Ecademy, LinkedIn, etc...

✓ Like Send  Richard Parsons, Paul Periera and one other person like this.



[The CancerActive website](#) provided useful support as Richard came to terms with his diagnosis and access to the Vitamark (now 'It Works! Global') product range was a significant source of comfort.

Richard believes that early diagnosis has contributed to his ongoing wellness and changes to his diet have resulted in his robust personal wellbeing.

